



Container Gardening WORKSHOP TITLE

MATERIALS

- milk carton, ½ gallon;
alternatives: any plastic or clay
container, ½-1 gallon
- coriander seeds
- organic potting soil
- water, 1 cup
- ruler
- pencil
- brown paper bag
- scissors

PROCEDURES

1. Wash your milk carton with soap and water and let it dry.
2. Using your ruler, trace the desired height of your container and then cut it.
3. Make a few holes in the bottom of the container using the scissors.
4. Using your hands, add potting soil inside the container leaving about ½ inch of space.
5. Gently ruffle the soil to sow the seeds ¼ -inch deep. Make sure the seeds are mixed in the soil and distributed evenly. Spread a little bit more soil over the seeds to cover them.
6. Using the water in your cup, wet your fingers and sprinkle the water over the seeds. Do this a few times until the soil feels moist but not too wet! Check every day and water the seeds if the soil feels dry.
7. Make sure to place your container in an area with good airflow and enough sunlight like a windowsill.
8. You are done planting!

