



## *Muñeca Mazahua* WORKSHOP TITLE

### MATERIALS

- 3 adult socks, old or new
- scissors
- ruler
- black and red markers
- 5 inches of thin ribbon or twine
- 3 colored ribbons or twine, 14 inches each
- 8 ½ x 3-inch piece of fabric (reuse a t-shirt or other cloth)

### PROCEDURE

1. Cut the first sock at the point where the heel begins. Keep in mind that this sock will be used for the body of your *muñeca*.
2. From the top of the second sock, begin to roll it inside out until you create a ball. This will be used as the *muñeca's* head, move it around to create a round shape.
3. Once you have rolled the second sock into a ball, stuff it into the first sock.
4. Tie the thin ribbon or twine under the second sock to secure the head onto the body.
5. Grab the third and final sock and roll it inside out, like the previous sock, however, make the folds thicker in order to create a more oval shape.
6. Once you have folded your third sock, stuff it into the first sock under the tied portion to create the body.
7. Use your markers to draw the *Muñeca Mazahua's* face. Traditionally, the *muñeca's* face is decorated with two black circles for the eyes, a triangle for the nose, and a red 'V' for the mouth.
8. Grab the 3 colored ribbons or twine, tie a knot at one end and begin tightly braiding. Once you reached the end of your ribbon or twine, tie a knot at the end to complete the braid.
9. Use the scissors to cut two horizontal slits on each side of the *muñeca's* head. Slide the braided ribbon or twine into the slits to create hair.
10. Use a black marker to draw hair around the front and back of the *muñeca's* head.
11. Finally, using the 8 ½ x 3-inch piece of fabric, wrap it around the *muñeca* to create her *rebozo*. Fringe the edges of your *rebozo* by cutting multiple slits to the ends of the fabric.