Move to the rhythm with 123 Andrés. Explore sounds while learning how to make your own circle motions.

Listen to a read along of: **Por Todo Nuestro Alrededor**

Written by Xelena González.
Illustrated by Adriana M. Garcia.

And explore a super fun fitness challenge that you can try with your family all summer long!

Video available on YouTube.
WORKSHOP INSTRUCTIONS

How to paint the paper plate:
1. Think about the circles you see in nature, they are everywhere! Inspired by the world around you, select colors to paint the paper plate using a paint brush. Begin with the outer area and work your way inward. Be as creative as you like!
2. To switch colors, rinse out your brush in between and proceed until your plate is covered with paint.
3. Allow time to dry.

How to make the loom:
1. Use the pencil to make small marks all around the paper plate, make sure each mark is evenly spaced.
2. Use the scissors to make notches by cutting along the small marks you made.

How to make the spokes:
1. Slip one end of the yarn through one of the slits and tape it to the back. Then slip the other end of your yarn in the slit that is opposite from where you began.
2. Wrap the yarn across the back side of your loom and hook it on the next notch.
3. Repeat the previous step until all the notches have been threaded with yarn.
4. Cut the end of the yarn and tape it to the back of the paper plate.

How to weave:
1. Cut one piece of yarn approximately 12 inches long.
2. Tie one end of the yarn around one of the spokes to fasten the two pieces of yarn together.
3. Weaving the yarn around the loom in a snake like motion moving up and down in one direction.
   - To switch colors, tie a new piece of yarn and continue weaving.
4. When you get to the end of your circle weaving, tie the end of your yarn onto a spoke and fasten them together.

Display your completed artwork for others to see!